



The Youth Service Bureau of Jay County, Inc.

603 West Arch Street - Portland, Indiana 47371

Children in the Middle Classes

How do I sign up?

Anyone is welcome to join the class and may register by calling the YSB between the hours of 8:00 A.M. to 4:00 P.M. or coming to the office located at 603 West Arch Street. Classes are offered on alternating Saturdays and cost a total of \$40.00. This fee includes two, two hour classes that must be attended on two separate days (cannot complete the program in one day). Payments must be made at our office prior to beginning classes.

Payment Must Be Made In Cash or Money Order.

Children in the Middle is proven-effective and is a "Model Program" by the Substance Abuse and Mental Health Service Administration (SAMHSA). CHILDREN IN THE MIDDLE is an educational and ethnically diverse program designed to teach parents the skills needed to reduce family conflict, school problems, depression anxiety, and anger.

What are the Rules I am to follow?

Make sure to arrive early, no one will be allowed in after the session begins. Participants must stay until each session is completed, and attend all sessions to receive a certificate of attendance. No participant will be allowed to stay if they appear to be under the influence of alcohol or other drugs. This is an adult program, no children are allowed to attend. The program facilitator will send the certificate of attendance when all sessions have been completed.